

# TENANT CONNECT

SUMMER 20/21

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Hi there!

- Maria Palumbo

"IT CAME WITHOUT RIBBONS,  
IT CAME WITHOUT TAGS.  
IT CAME WITHOUT PACKAGES, BOXES  
OR BAGS... MAYBE CHRISTMAS HE  
THOUGHT DOESN'T COME FROM  
A STORE, MAYBE CHRISTMAS,  
PERHAPS, MEANS  
A LITTLE BIT MORE "

- DR. SEUSS

Dr Seuss' words have never been more pertinent.

2020 has been different, to say the least. A global pandemic has impacted how we all live our lives.

Amid the adversity, however, the human spirit has triumphed – and we don't need to look further than our own streets to see this.

We have many beautiful neighbourhoods where people have been really looking out for each other – which is something very special that I know many of you do regardless of COVID. But it's those instances where people have reached out to others who they didn't know, particularly where they've suspected that person, couple or family might be really struggling, that warms my heart most.

The greatest challenge now is to keep up the care factor.

With Christmas around the corner, we have a real chance – as a community – to change the focus from presents to presence.

In this edition, we've included some insights from our Senior Counsellor, Sheila, for anyone who, for a range of reasons, might be finding it hard to cope at Christmas. Sheila has some really practical tips for looking after our mental health, that can be harnessed all year round.

Just a few weeks ago, we crowned the winners of our 2020 Gardening Competition. My green thumb doesn't exist but I do have a huge appreciation for the creativity, pride, dedication and joy so many of you get from gardening and nurturing plants.

Seeing so many of you take a house and turn it into your own special place in the world is one of the greatest privileges of our work.

On behalf of everyone at Junction, best wishes for 2021.

- Maria Palumbo  
Chief Executive Officer

# A CHANCE TO Thrive

## CASSANDRA WANTED THE BEST POSSIBLE CHANCE FOR HER CHILDREN TO SUCCEED.



Image: Cassandra and family

Now, she knows she is on the right track.

After leaving an abusive domestic situation, the mother of three moved into a Junction property on the Fleurieu – and she isn't looking back.

"My entire life has changed since we moved in here," Cassandra said.

"We needed stability and somewhere we feel safe. We feel part of the community and the community really welcomed us in."

Her son, Emmanuele agreed.

"The general morale of everyone has just gone up – just skyrocketed," the 15 year old, who intends to pursue a career in music production, said.

"It's been a lot of fun to come out (into the backyard) and plant some plants or pick some fruits."

After a tough time, it is wonderful to see this family looking forward with hopes and dreams for the future.

"I'd hopefully like to save up and buy the property, if possible," Cassandra said. "That would be fantastic."

Junction acknowledges we are living on traditional Aboriginal Lands and we offer our continued respect to Aboriginal people past and present.

# Get in Touch

Marion Office: Level 1, 838-842 Marion Road  
Office Hours: 8:30am – 4:30pm

General Enquiries: 8275 8700

Maintenance: 8210 7010  
Payment Enquiries: 8275 8709

placemaking@junctionaustralia.org.au  
junctionaustralia.org.au



Join the Junction community on Facebook and keep up to date with all our latest news.

Junction's registered community housing provider is Junction and Women's Housing Pty Ltd.

Please quote your Unique Payment Reference number when paying via EFT, Westpac deposit and cheque or money order.

Bank: Westpac  
BSB: 035 053  
Account: 298 277



## ALERT! SMOKE ALARM SAFETY

Ensuring you and your family are fully protected and receive early warning in the event of house fire is part of our duty of care.

Therefore, we must make sure your property is compliant to current legislation. In line with state legislation, smoke alarms in Australian residential properties 'must be functioning' and must meet Australian Standards. Allowing the contractor access into your home is compulsory.

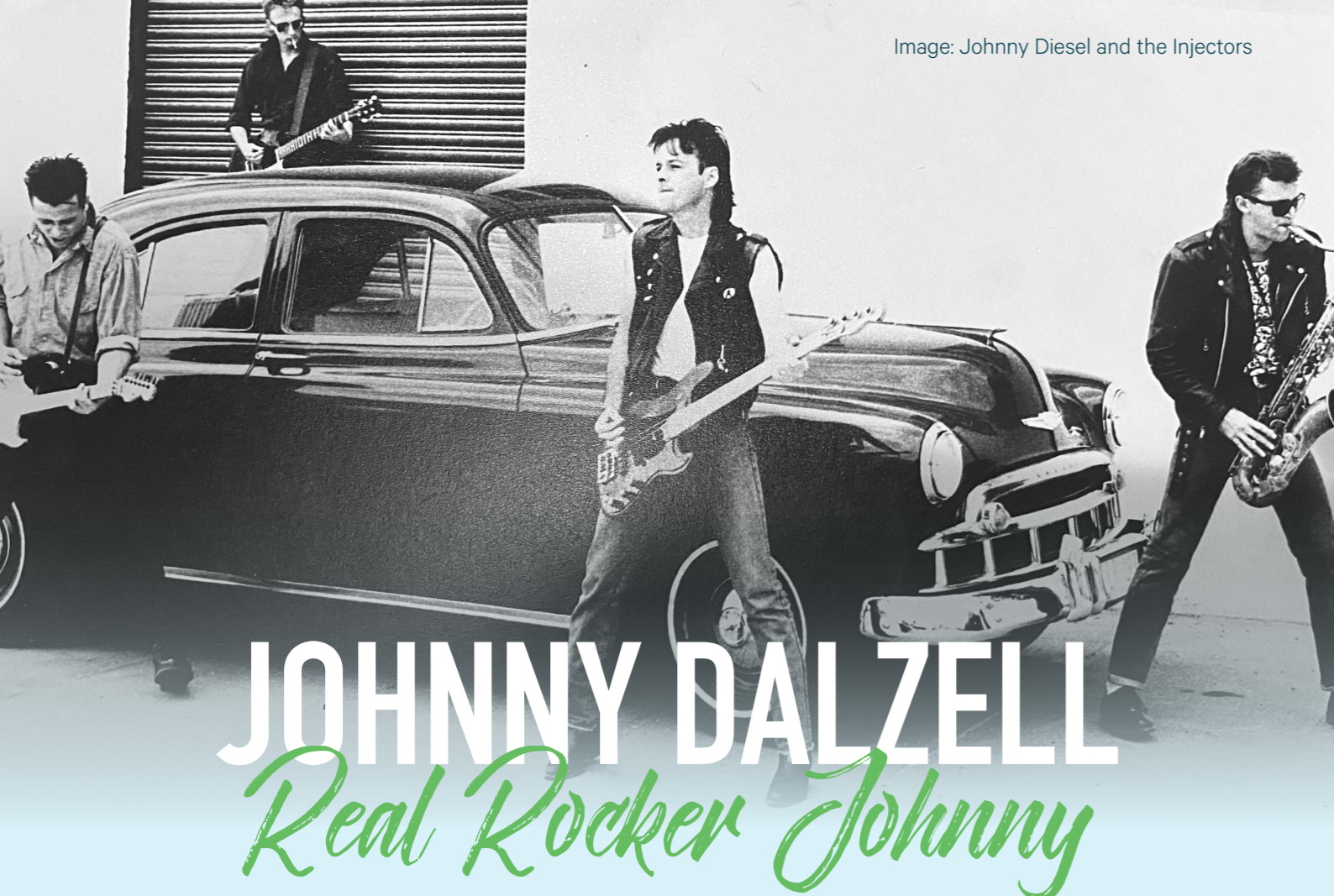
On behalf of Junction, Smoke Alarm Solutions will check that your smoke alarm meets these standards. During their annual visit they will test, clean and maintain the necessary number of smoke alarms for your home.

This service also includes replacing nine volt batteries where required - saving you any additional costs.

When your smoke alarm is due for testing, Smoke Alarm Solutions will contact you by phone. If they are unable to contact you, you might receive a text message with a time and date. You will be required to confirm this time and date in a reply message. Please note, the phone call may come from an 07 number as their head office is based interstate.

To change your appointment time please call Smoke Alarm Solutions on 1300 852 301.

For other enquires please call Maintenance on 8210 7037.



# JOHNNY DALZELL

## Real Rocker Johnny

It was the 70s and 18-year-old John Dalzell had a difficult choice to make. The budding bass player could rise to management in a family Bunnings store or take his chances on the music scene.

“They told me I could be second in charge if I gave up music,” Johnny recalls. “I couldn’t do that so I quit Bunnings. I was getting the same money for my music so I thought I’d be fine. A month later the band split up.”

It was a sliding doors decision.

Just over a decade later, Johnny would be part of one of the most successful Aussie bands of all time with two Aria awards and a platinum album.

Not bad for a boy who saw himself as a “misfit”.

“My dad was a (church) Minister so we moved around a lot when I was a kid,” Johnny recalls. “My sister was dux of the school but I wasn’t very good.”

Music was his saving grace.

“My mum played organ, my sister played piano,” he says. “We did a lot of planning about what we’d play on Sundays at church. My Sunday school teacher was a really cool guy. He played in a band and gave me an old beat up guitar.”

“I started playing bass in church. It was said to be the devil’s instrument so that was quite interesting at the time.

“For my 16th birthday my parents said I could leave school.”

The family moved to Perth in the mid-70s – where Johnny got his first real break.

“Looking back I don’t know how but I got the role to play bass in a big musical at the Perth Entertainment Centre. It was with a 150 voice choir with really experienced, really good musicians and there I was.”

From there, he joined his first band while working at the aforementioned Bunnings.

Eventually, the band evolved into a group called the Innocent Bystanders. That’s where Johnny met Mark Lizotte and other members of what would become, Johnny Diesel and the Injectors.

“We’d play a gig a night and then travel all night to the next place. I was in the passenger’s seat of a 22 seater van one night. I woke up to see one of those big green signs coming toward me. We’d lost the steering. It was symbolic of the tour really.”

“After that, Mark went away overseas. He ended up in America and came home and was suddenly this really great singer.”

Soon after, the group began playing at the Backstage Bar in Perth where they were picked up by a manager and producer.

“We were on the way up but we didn’t really have a name. It was a bit of a running joke that every time we’d go on tour my wife would end up pregnant and they started calling me Johnny Diesel and his little injectors.

“One night before we went on stage we needed a name and that was it. Mark was the front man so everyone just assumed he was Johnny.”

The first album included hits such Cry In Shame, Don’t Need Love, Looking for Love, Since I Fell For You and Please Send Me Someone To Love from the movie, The Delinquents, starring Kylie Minogue.

“We just had a good musical chemistry,” Johnny recalls.

“We’d rehearse in places where other bands would be practicing all day. We’d be hanging out together playing footy or cricket, come in, do a few really focussed hours of rehearsing and it just worked.”

“Our first two clips, including Soul Revival, were made at the Burswood train station. My kids were running around in the background.

“It was exciting. We had a bit of a naughty reputation but we were actually quite innocent compared to others.”

International tours to the UK, Canada and Europe ensued but it was an experience in Eastern Europe that will stay in Johnny’s mind forever.

“It wasn’t long before the Berlin wall came down. We’d played in East Germany and we were in a taxi desperately trying to get back into West Germany before midnight because that was the curfew.

“Here we were in this taxi hearing this amazing performance from the other side of the wall. It was B.B. King playing When Love Comes to Town. It was just incredible.

“At the same time our taxi driver was telling us about life over there – how he couldn’t get access to toilet paper....That was thirty years before COVID!

“There were some great times. Playing in front of 100,000 people on the beach at Corpus Christi....we also were part of the Newcastle Earthquake Relief Concert. That one was pretty special because our family had spent some time in Newcastle.”

Then came the transition out of the spotlight – or more like a crash down to earth.

Three weeks before the band was due to travel to the United States to make a new album, things changed.



Image: Johnny Dalzell 1989

“ WE HAD A BIT OF A NAUGHTY REPUTATION BUT WE WERE ACTUALLY QUITE INNOCENT COMPARED TO OTHERS ”



Image: Junction Tenant Johnny Dalzell

Mark chose to pursue a solo career and while John had been planning on leaving, it all ended – almost overnight.

“It was a pretty bad situation in the way that we all knew what was going on but we had to play for about three weeks together,” Johnny remembers.

After the band broke up, John went solo travelling back and forth to Sydney but the break up took its toll.

“You’d hear stuff on the radio, DJs joking about it. It was pretty hard to take and there was no help. One day people couldn’t do enough for you the next you were out the in cold. No-one wanted to know you.”

John “ran away” to Alice Springs and then Darwin, gigging from place to place.

“I had some fun there – singing gospel songs to crowds in the Todd River with no water in it. But I was broken.”

With his mental and physical health declining, Johnny ended up in Port Broughton before moving to Adelaide where he secured public housing in Plympton.

“For a while there I was living in someone’s garage,” he said.

Life finally took a positive turn for John when he met his now wife, Yvette, who lived a street away.

Yvette had no idea about Johnny’s background when she saw him for the first time – but then and there she knew she wanted to marry him.

Now together for 20 years and married for 18, the couple are settled in their Junction home. It’s a little sanctuary filled with memories including John’s copy of the Johnny Diesel and the Injectors album which has gone platinum more times than the 64-year-old can keep track.

Is he ever recognised?

“If you say you’re John from Johnny Diesel and the Injectors people can’t work it out because my name is John but Mark was the singer and became known as Diesel.

“It’s the name that made us famous but it’s been a noose around both our necks probably.”

Unfortunately, Johnny has been living with significant health issues for some time including being diagnosed with cancer late last year.

He has good days and bad. However, when he picks up his guitar to give us a rendition of his original track, Waters Fine, you are left in no doubt – this bloke is the real deal.

Bunnings might have missed out on a great manager, but the talents of a true bass talent are now etched in Australian music history forever.

Johnny Dalzell, you STILL rock.

# Christmas IN 2020

## Wondering what's on this Christmas?

While COVID means some annual events have been cancelled, there are still ways to connect with the community this festive season.

## VIRTUAL CHRISTMAS CONNECTION

Christmas on the Fleurieu will be full of memories this year with Alexandrina Council encouraging locals to send in photos for a Christmas projection! Time to dig out the photo album and find some precious memories to share.

Send your snaps via email to [jaw@alexandrina.sa.gov.au](mailto:jaw@alexandrina.sa.gov.au)

Each image must be at least 1MB. If you don't have a computer but would like to submit a photo, phone **8555 7289**.

## CHRISTMAS EVE VISION AUSTRALIA'S CAROLS BY CANDLELIGHT CONTINUES

Turn on the telly, grab some popcorn and invite your neighbours or friends over to watch Carols by Candlelight together! Extend an invite out as a way of sticking together and supporting each other over the Christmas period. Your small act of kindness may be exactly what someone around you needs.

Visit the website for information and times: <https://carols.visionaustralia.org/>

## CHRISTMAS DAY

### Hutt Street Centre

Open on Christmas Day  
Christmas lunch provided  
258 Hutt Street, Adelaide 5000  
**Tel. 8418 2500**

### MarionLIFE

Open on Christmas Day  
Christmas lunch provided  
MarionLIFE, 887 Marion Road,  
Mitchell Park

**Registrations essential: 8277 0304**

\*Please note: COVID-19 restrictions could impact these scheduled events.



## A Cool PLACE

### Did you know plants naturally make the air cooler?

SA Water has teamed up with local councils to undertake temperature readings in some parks, which are then published on a map on their website.

So if you're searching for the coolest spot this summer, take a look at the map and chill out in a green space: <https://www.sawater.com.au/education-and-community/community-and-events/cooling-the-community> (Google Chrome works best).

# 2020 GARDENING *Competition Results*

**ANOTHER YEAR OF INCREDIBLE ENTRIES  
DEMONSTRATING PASSION, CREATIVITY AND  
MORE DIVERSITY THAN EVER BEFORE.**

**Thank you to everyone who entered and congratulations  
to the winners and runners up.**

## BEST FRONT GARDEN

**Winner**  
Karen – Port Elliot  
**Runner Up**  
Lilian – Mitchell Park

## BEST REAR GARDEN

**Winner**  
Sheryl – Mitchell Park  
**Runner Up**  
Juana – Kilburn

## BEST SUSTAINABLE

**Winner**  
Christine & John – Mitchell Park  
**Runner Up**  
Iris – Noarlunga

## MOST CREATIVE GARDEN/FEATURE

**Winner**  
Houshang – Morphettville  
**Runner Up**  
Sue – Christies Downs

## BEST VEGETABLE PATCH

**Winner**  
Cassandra – Mount Compass  
**Runner Up**  
Jessica – Ingle Farm

## MOST ATTRACTIVE LOW MAINTENANCE

**Winner**  
Bronwyn – Mitchell Park  
**Runner Up**  
Steven – Park Holme

# The Great AUSSIE DREAM

## Are you a Junction tenant who would like to find out more about owning a home of your own?

Whether it's a long term goal or something you are considering in the near future, knowledge is power.

Junction is working with HomeStart Finance to support more South Australians to achieve their goal of homeownership.

"While it might not be possible for everyone, we want to give our tenants the opportunity to learn more about the paths to purchasing a home," David Burton, Junction's General Manager, Housing Services, said.

"The reality is, depending on your eligibility, you could receive up to \$40,000 in Government grants to put towards a new home making this a very good time to at least have the conversation."

For more information or to discuss your circumstances, call Sarah on 8275 8712.



HomeStart FINANCE

# Survey SAYS...

Junction's annual tenant survey is an independent survey conducted by the Community Housing Industry Association (CHIA) NSW.

The survey is a crucial feedback tool which enables our organisation to see, across the board, where our tenants are satisfied, where we are exceeding expectations and most of all, where we need to improve and make changes.

It also provides information for regulatory reporting as well as benchmarking our performance as a community housing provider.

**Thank you to everyone who took the time to complete the 2020 survey.**

**90%** OVERALL TENANT SATISFACTION

**85%** ARE SATISFIED WITH PROPERTY REPAIRS AND MAINTENANCE – 10% ABOVE INDUSTRY BENCHMARK

**38%** RUBBISH & LITTERING  
**36%** NOISY NEIGHBOURS  
WERE REPORTED AS THE MAIN ANTISOCIAL BEHAVIOURS IMPACTING TENANCIES

**6 OUT OF 10** TENANTS SAID THEIR QUALITY OF LIFE HAD IMPROVED SINCE MOVING INTO A JUNCTION PROPERTY

**94%** SAID CONTRACTORS WERE RESPECTFUL AND COURTEOUS

**89%** SAID THEY READ TENANT CONNECT

**87%** OF TENANTS ARE SATISFIED WITH THE CONDITION OF THEIR HOME

## NEW YEAR, NEW IDEAS

**It is great to see continued support for Tenant Connect in this year's survey results. It is very important to us that this publication is an informative resource as well as an entertaining read.**

We are always keen for your feedback so we know what you think we are doing well and how we can improve the content.

While we continually encourage you to share your views via phone or email, we'll be stepping this up in 2021 with the opportunity for a face to face chat.

Over a cuppa, we'd love to hear your thoughts about our magazine and communications.

If you are interested in being part of these conversations, please call The Placemaking Team on **8275 8700** or email [placemaking@junctionaustralia.org.au](mailto:placemaking@junctionaustralia.org.au).

We'd love to hear from you!

# A PLACE WITH A VIEW *To the Future*



**A new Junction initiative connecting South Australia's homeless to others with similar lived experience is paving the way for shared and more secure, private rental opportunities.**

The initial concept sees eligible clients aged over 55, supported to live together with a view to forging connections so they can pursue more affordable and sustainable housing.

For tenant Alan, the opportunity is something he doesn't take for granted. After the house he was renting was gutted by fire, he found himself homeless.

"I'd rotate houses, swapping food where I could for a couch for the night," Alan said.

"Having a shower, that was the main thing. I'd get up in the morning, have a shower, leave and then start again with someone else. It's no way to live."

While being treated for burns as a result of the fire, a hospital social worker suggested Alan contact Junction. After several chats and an interview, Alan was 'given the keys'.

Soon after, following a similar process, Sue moved in.

It had been a hard road to stable housing for Sue after a long period of uncertainty. She had purchased a home 12 years ago but a family dispute resulted in the sale of the house and Sue walking away with just \$2,000.

Sue began renting at Mitchell Park but after her housemate left, she couldn't continue to afford the rent on her own.

"I was lucky in the way that I did have a car so I went between sleeping in the car at friends' houses for quite a while," she said.

About a year ago, Sue moved into a friend's property but when the lease came up, it was time to move again. That's when she connected with Junction.

While Sue admits initially feeling a little daunted living closely to someone she didn't know, she said Alan was a very respectful neighbour "and that's why it's worked."

Soon after she moved in, Alan – who helps out at various charities in the south – began leaving food packages on Sue's

doorstep. He was chuffed when he opened his door one day and there was some homemade soup. Sue had returned the favour.

In addition to cooking, Sue has rediscovered her love of gardening, virtually transforming the front and backyard of the house.

While Alan and Sue don't envisage sharing a private rental tenancy together, they feel the property is a good foundation to meet others who they might be able to pursue a joint housing situation with in the future.

"You won't find the absolute perfect, flawless housemate but you can find harmony and you have to be happy with that," Alan said.

# WELLBEING WITH SHEILA

## This has been a challenging year all round...

**Bushfires and a pandemic – things some of us have encountered for the first time in our lives. Life has been different and even if we, or our loved ones, have not had the virus, everyone has been affected in some way.**

We might be coming into the Christmas “festive” season with mixed feelings – for a number of reasons.

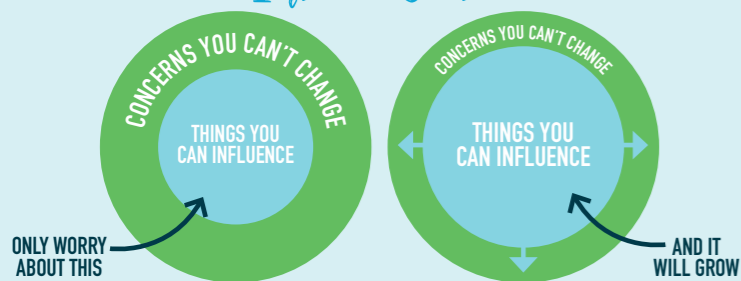
Many who already feel alone and marginalised often feel more isolated and out of sorts at this time of the year. Anticipation is in the air, everything is sparkling, families are congregating (albeit within limits this year). This can sometimes add to feelings of isolation or maybe bring back past hurts.

So we want to give you some encouragement and positive ideas to help strengthen your well-being.

Acceptance of the things that you cannot change is the first step in “letting go”. Acceptance does not change the situation, but it takes the fight and worry out of life. Acceptance lowers stress and stops the sensations of worry and panic affecting you.

Self-Care does not mean “selfish” – it means look after yourself too...and you will be in a better place to help others!

### Influence Circles



## Mindfulness

There are times when we may feel overwhelmed and it is helpful to find a quiet spot where we can help ourselves relax before we resume our normal activities.

### When Stressed

#### Breathe Notice and Name:

5 things you can see...

4 things you can hear...

3 things you can touch...

2 things you can smell...

Breathe and relax.

Remember or imagine a peaceful place and use your senses to think about what you can see, hear, taste and touch in this place.

### Mindful walking

Focus on your sense of touch, sight, sound and smell in turn. For example, walk for three minutes noticing how the ground feels beneath your feet, how the sun or breeze feels on your skin. For the next three minutes notice what you can see, then what you can hear and what you can smell.

### Colour the Key

Colouring in has become a popular mindfulness key with adult colouring books, puzzles and crosswords being recommended as ways to bring us back to the present. The word search on the opposite page might be a place to start!

### Keeping positive

Think of the things that have gone well this year!



# Summer Word Search

E	O	A	L	L	E	R	B	M	U	Q	L	G	N	J
N	T	O	G	S	I	A	B	G	K	K	S	X	H	Q
Q	U	T	C	T	P	T	H	I	J	H	W	F	Y	Q
M	D	S	H	I	J	O	O	W	K	E	C	K	S	R
K	S	L	R	H	K	B	L	Y	D	I	X	A	C	O
I	E	L	I	M	O	T	O	F	I	V	N	Z	E	S
O	S	H	S	A	X	G	H	C	P	D	J	I	H	B
Z	S	S	T	S	B	X	E	A	C	I	J	E	T	O
E	A	P	M	B	K	B	K	A	M	A	L	C	I	L
B	L	L	A	M	L	F	S	H	K	L	J	F	U	C
Y	G	X	S	O	Q	T	S	F	S	M	H	Z	S	W
Y	N	L	C	N	L	V	K	A	P	Y	N	A	T	I
S	U	K	Z	E	Z	U	F	U	N	V	C	J	E	R
V	S	I	E	N	A	E	C	O	P	D	X	M	W	O
S	C	F	K	T	Q	D	S	N	O	R	K	E	L	P

BEACH

SANDCASTLE

ICEBLOCK

BOAT

SUN

FLIPFLOPS

SNORKEL

SHELLS

SAND

UMBRELLA

WETSUIT

CHRISTMAS

OCEAN

SUNGLASSES

BIKINI

FUN

# CAR PARK *Connections*

It had been a long time between cuppas. However, two COVID-safe events organised by MarionLife and Junction provided a welcome opportunity for tenants and community members to meet and catch up.

The Car Park Connections breakfasts, held onsite at MarionLife Community Services in July and November, brought together around 100 locals. Many of those who attended had not had the opportunity to mix with others, face-to-face, in a relaxed setting since the onset of the pandemic.



## *Christmas Closures*

ON BEHALF OF EVERYONE AT JUNCTION, WE WISH YOU A MERRY CHRISTMAS AND A SAFE AND HAPPY 2021.

**Please Note:** All our offices will be closed on weekends as usual and on public holidays.



If you are a tenant and have an urgent maintenance request, please call our emergency maintenance line on **8210 7010**.

